

#### **UPDATED INFORMATION 2025**

# **Basic CERT Training**

CERT training covers basic information and skills that are important to prepare for disasters, including when emergency services are not available. With training and practice, you will be better able to protect yourself and your family, and to help others. During a government-declared disaster, you may be called-upon (activated) to serve with a team of other volunteers to help as needed.

Once you have completed Basic CERT training, you are eligible to become a government Disaster Services volunteer (DSW). In Bodega Bay, CERTs are a key part of a team of volunteers that staff emergency shed operations in local neighborhoods.

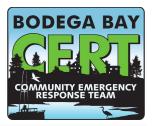
Basic CERT training is offered regularly at various locations throughout Sonoma County. In Bodega Bay, Basic CERT training is offered through Northern Sonoma County CERT, which is recognized by FEMA and HazReady, and is listed as the CERT organization of record. Basic CERT training takes a total of about 28 hours and is offered as a combination (hybrid) of *online* and *in-person* coursework.

### Step 1. Complete Online Training

The *online* portion, offered by the Utah HazReady program, is the first step. This 12 hour course covers the essentials of emergency preparedness, the CERT organization, incident command system, disaster medical operations, light search and rescue, fire safety and more.

The **ONLINE TRAINING – CERT 3.0 en** course is available at this website: <u>ONLINE</u> <u>TRAINING - CERT 3.0 en</u> Registration is free, but participants must pass brief, fairly simple tests after each section in order to receive a certificate of completion. You will need to provide a copy of your certificate of completion for the online course, along with your registration materials for the in-person CERT training.





## Step 2. Complete In-Person Training

The *in-person* (hands-on) training offered in Bodega Bay involves 16 hours over two days, lead by certified instructors and health and safety professionals, providing hands-on experience, using mannequins and equipment to simulate basic search and rescue, damage assessment, first aid, CPR, AED, control bleeding, splinting, medical triage, extinguishing small fires, and more.

CERT hands-on training is free. A \$75 donation is requested from new CERT trainees for a set of personal equipment (helmet, vest, CERT backpack, gloves, guidebook, and more.) NB: Bodega Bay CERT covers this cost for Bodega Bay residents.

<u>NOTE</u>: UPCOMING IN-PERSON CERT TRAINING IN BODEGA BAY, BOTH SATURDAYS APRIL 5 and 26, 2025, 9:00 AM to 4:30 PM.

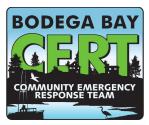
#### To register for in-person CERT training:

- 1. Send your request, including your full name, phone number, and address to: George Flores, BB CERT Training Director, <u>snorkel10@gmail.com</u>
- Include a copy of your certificate of completion for the online Basic CERT course described above.
- Mail (BB CERT, P.O. Box 451, Bodega Bay 94923) or bring your completed NoSoCo CERT Combined Registration materials packet: <u>https://</u> <u>drive.google.com/file/d/13KfgAV3NoDnKV55H\_s6zz3bAaB5tw5Xd/view?</u> <u>usp=sharing</u>
- 4. Include a copy of a passport-type photo.
- 5. Your \$75 payment for equipment can be submitted at the first class, if applicable.

### **Previously-trained CERTs**

Volunteers who have completed Basic CERT training are expected to maintain their skills with regular participation in events and drills sponsored by a CERT organization. *If it has been more than 3 years since your Basic CERT training, it is strongly recommended that CERT volunteers repeat the two-day training as a skills refresher.* CERT training in Bodega Bay is open to all CERT volunteers, but pre-registration is





required to assure that space is available. To reserve your spot, contact George Flores at <a href="mailto:snorkel10@gmail.com">snorkel10@gmail.com</a>